



# Child Care Chat

Summer/Fall 2009

A publication of  
**Child Care Choices**



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## Manageable Messes Allow for Creativity

Neatness and organization are essential life skills that every child needs to learn, BUT phobic cleanliness and orderliness can stunt creativity and development.

With a little thought and a bit of Murphy's Oil Soap, we can manage the messes creativity brings, and still allow our child the developmental essentials of physical and hands-on activities.

- Put a large plastic sheet or tablecloth on the table and under the table, give the child some paint, play dough, or the makings for

papier-mâché, and let her go at it

- Teach each child to put away one activity before he starts another

- Provide bins or boxes to hold pieces of each game or toy

- Ask parents to dress their child in old clothes they don't mind having stained

- Keep a mat at the door for muddy shoes

- Remember that, every day, every child in your care is learning something. That lesson might be that fun and creativity trump orderliness every time!



## Marvelous Math and Sizzling Science!

The 2009-2010 Story Lady year is coming up sooner than you think! Get ready for an exciting experience as children take part in activities that:

- Use fun and games to promote interest in and knowledge of math and science
- Teach collaboration and cooperation in completing tasks
- Tie reading into lively math and science experiences
- Promote curiosity about the world around them
- Build confidence in their abilities to solve problems

EACH CHILD RECEIVES A FREE BOOK TO TAKE HOME

EACH PROVIDER RECEIVES A FREE BOOK TO USE AND BECOME HER OWN STORY LADY!

The number of visits is limited. Please call 667-1799 or 1-866-667-4799 now to insure yourself a spot for your fall Story Lady visit.

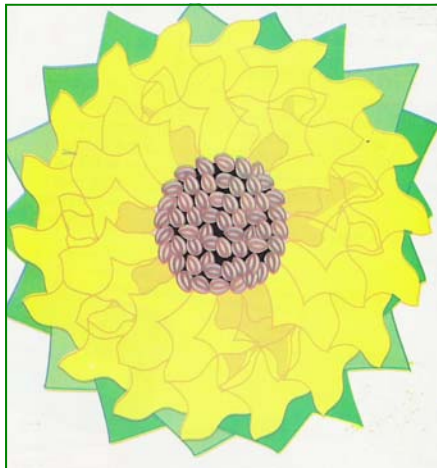


**Save the Date!**  
**Coming in January and February—**  
**Communicable Disease Training,**  
**Child Abuse Training**  
**First Aid Training**

## Colored Glue Designs

These eye catching projects are fun to make and simple enough for the littlest of hands! Flatten two or three coffee filters (basket type) on top of each other. Squeeze several different colors of colored glue onto different places on the top filter. Fold the filters in half and gently press them together. Unfold the filters. (The colored glue bleeds through the filter layers and holds them together.) When the glue is dry, punch a hole in each project and hang it from the ceiling, or mount each project on a sunny window to further enhance the shiny colors.

From *The Mailbox Magazine*



### Sunflower Fanfare

With these decorative blossoms, your classroom will bloom into color. To begin, paint the center of a small paper plate black and allow the paint to dry. Then flip the plate over and glue overlapping green tissue paper squares around the outer edge of the plate. When the glue is dry, return the plate to its original position. Glue small, yellow, crumpled tissue paper squares around the black center, covering the white area of the plate. Finish the project by gluing sunflower seeds to the black area of the plate. When the seeds are secure, mount students' sunflowers as colorful accents around your classroom.

From *The Mailbox Magazine*

## Fifteen Minute Activities To Do With Your Children

1. Read to your children every day.
2. French Fried Counting. Ask a local fast food restaurant for a donation of French fry boxes. Write a different numeral on each box. Make "fries" by cutting yellow sponges into strips. Have children place the appropriate number of fries in each box.
3. Puffy Painting. Mix equal parts of white glue and non-menthol shaving cream. Add food coloring for color. Use as finger-paint or with brushes. Pictures will be puffy when dry.
4. Shape Hunt. Gather several plastic buckets, and draw different geometric shapes on each one. Place the buckets upside down in your play area, some distance from each other. Call out the name of one shape, and encourage children to run to that bucket. Repeat the process, encouraging children to run from bucket to bucket.
5. Looking at letters. Cut out a supply of letters from ads and magazines. Place the letters in a container along with a supply of paper and glue sticks. Encourage children to glue letters to a sheet of paper. Examine the collage to find letters the child is familiar with.



## Make Movement Fun!

Movement among toddlers is essential for brain development, muscle control, strength, balance, and FUN! Physical activity combats obesity in children and helps prevent boredom and whining. Start early to encourage active play:

- Help a six-month old crawl toward a toy, or a one-year old crawl up the stairs.
- Play the toddler's favorite music and dance while you wave scarves (or dish towels).
- Encourage children's natural inclination to run – chase butterflies, race with the dog, blow and chase bubbles, throw or kick and chase balls.
- Read stories about unfamiliar activities and try them.
- Build a maze with hay or straw bales or empty boxes; then use the bales to build a climbing structure. Create art outside, using sidewalk chalk; play hopscotch.
- Form a parade with a portable tape player, children, and the dog if you have one, and march around the block.
- Turn on the sprinkler and run through it.

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## Child Care Choices Thanks . . .

Child Care Choices thanks the following for their recent generous donations. We are very grateful for your help!! Please support the following businesses and agencies because they support Child Care Choices.

Altrusa of Troy	Koverman Dickerson Insurance	Tipp Eye Center
American Honda	Mark Bentley DDS	Troy United Way
Angela's Circle of Friends	Miami County Dept of Job & Family Services	Upper Valley Medical Center
Favorite Insurance	Miami County Foundation	West Charleston Church of the Brethren (for workshop space)
Gardens Alive	Monroe Federal	Sonia Ewald
Hartzell Norris Charitable Foun- dation	Ohio Children's Trust Fund	Pat Houppert
Kerber Sheet Metal	Tipp City Area United Way	Dorie Perry

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## Splendid Suncatcher



Recycle deli container lids to make these nifty apply sun catchers! To make a sun catcher, brush a thick layer of glue on the inside of a lid; then press red tissue paper squares on the glue. Also brush glue on the inside of a second lid. Then press the lids together, sandwiching a yard hanger and a green apple leaf between them. When the glue is dry, hang the resulting apple in your window!

From *The Mailbox Magazine*

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## The GREAT Home Child Care Provider EXPO

September 15	Communicating With Parents
September 29	The Business of Child Care
October 20	Creating a Quality Curriculum
October 27	Heading off Problem Behaviors

*Be as good as you can be!*

Bring your friends who are providing child care—even those who are not registered with Child Care Choices. Exchange ideas with other providers. These free trainings are led by qualified presenters and teachers, and you will receive free books and materials at each session. 7-9 pm at Riverside School in Troy

**REGISTER NOW**

Call 667-1799 or 1-866-667-4799, or visit [www.child-care-choices.org](http://www.child-care-choices.org)

Workshop sponsored by Miami County Foundation

## Child and Adult Care Food Program

### How About a Backyard Makeover? A Field Trip to the Lake?

Recently I spoke with two child care providers who participate in the CACFP (Child and Adult Care Food Program). The program, provided by the federal government, gives providers money for up to two meals and a snack for each child in their care each day. How had the program benefited their home child care business and the children in their care?



One provider mentioned she likes that the program helps her to buy nutritious meals for the children in her care. “When my check comes, it’s extra cash I don’t expect.” Since her CACFP monthly check helps pay for the food she feeds the kids, it frees up the funds she would normally need to use for food. This year she decided to focus on improving her backyard so they could stay home and have plenty of fun. She purchased water balloons, squirt guns, bikes, a log cabin, a swing, a picnic table and balls. “With all the regulations today, it’s hard to go anywhere. We’re having a great time just staying here with all the activities we have in the backyard.”

Another provider has school age children. “Any money I get goes right back into the kids. Last year I bought a swimming pool. We also like to do things for field trips. Since I have all boys, they like to stay active. We went to Indian Lake and rented a boat. The boys liked hiking the trails and learning about nature. They love bugs!”

The CACFP is available to all home child care providers. For details, call Gail or Kate, 667-1799.

*If you are interested in participating in the Child and Adult Care Food Program and receiving reimbursement for the meals you serve the children in your care, call Gail at Child Care Choices, 937-667-1799 or 1-866-667-4799 .*

## Workshop Locations

**Child Care Choices Office**, 814 W. Main Street, Tipp City

Take the Tipp City exit from I-75. Drive east (towards Tipp City) on Route 571 / Main Street. The CCC office is located on the right side of the street in a beige building with other offices. The CCC office is downstairs.

**Riverside School**, 1625 Troy Sidney Road, Troy

**Troy Christian School**, 700 S. Dorset Road, Troy (Corner of McKaig and Dorset)

**Troy Christian School**, 1586 McKaig Ave. , Troy (park in front of school – use front doors).

**Upper Valley JVS**, 8811 Career Drive, Piqua

**West Charleston Church of the Brethren**, 7390 State Route 202, Tipp City (Between Rt. 571 and Ross Rd.). Workshop room is downstairs.



# CCC Calendar of Trainings

Summer/Fall 2009

- June 30      **Summer Art Explosion**  
7:00—9:00 pm      **LOCATION:** West Charleston Church
- August 18      **Step Up to Quality 101**  
9:00—2:30 pm      **LOCATION:** West Charleston Church of the Brethren
- August 25      **Everyday Science—Module One**  
6:30—9:00 pm      **LOCATION:** Riverside of Miami County
- August 27      **It's Beneficial! Supporting Healthy Relationships—SCHOOL AGE TRAINING**  
6:30-9:00 pm      **LOCATION:** West Charleston Church of the Brethren
- September 1      **Everyday Science—Module Two**  
6:30—9:00 pm      **LOCATION:** Riverside of Miami County
- September 10      **Tell Me a Story—Sponsored by Think TV**  
7:00—9:00 pm      **LOCATION:** West Charleston Church of the Brethren
- September 15      **Everyday Science—Module Three**  
6:30-9:30 pm      **LOCATION:** Riverside of Miami County
- September 15      **Home Care Provider EXPO—Communicating with Parents**  
7:00—9:00 PM      **LOCATION:** Riverside School, 1625 Troy-Sidney Road, Troy
- September 21      **Health and Safety in Family Day Care—Managing Children's Behavior and Home Safety**  
7-9:15 pm      **LOCATION:** CCC office
- September 22      **Everyday Science—Module Four**  
6:30—9:00 pm      **LOCATION:** Riverside of Miami County
- September 28      **Health and Safety in Family Day Care—Communicable Disease and First Aid**  
7-9:15 pm      **LOCATION:** CCC Office
- September 29      **Home Care Provider EXPO—The Business of Child Care**  
7:00—9:00 pm      **LOCATION:** Riverside School, 1625 Troy-Sidney Road, Troy
- October 5      **Health and Safety in Family Day Care—Nutrition and Food Safety**  
7-9:15 pm
- October 8      **Preschool Science: Sound and Light—Sponsored by Think TV**  
7:00-9:00 pm      **LOCATION:** West Charleston Church of the Brethren
- October 20      **Home Care Provider EXPO—Creating a Quality Curriculum**  
7:00—9:00 PM      **LOCATION:** Riverside School, 1625 Troy-Sidney Road, Troy



*Workshop schedule and details continued on next page.*

October 27 7:00—9:00 PM	<b>Home Care Provider EXPO—Heading Off Problem Behaviors</b> <b>LOCATION:</b> Riverside School, 1625 Troy-Sidney Road, Troy
November 5 7:00—9:00 PM	<b>Trash to Treasure—SCHOOL AGE TRAINING</b> <b>LOCATION:</b> West Charleston Church of the Brethren
November 17 7:00—9:00 PM	<b>Preschool Math: Numbers and Shapes—Sponsored by Think TV</b> <b>LOCATION:</b> West Charleston Church of the Brethren
December 3 7:00—9:00 PM	<b>Home Care Provider Christmas Party</b> Bring a dessert or snack to share. Lots of goodies for all. Fabulous Door prize <b>LOCATION:</b> West Charleston Church of the Brethren
Date to be determined	<b>Health and Safety in Family Day Care—Child Abuse Prevention Overview</b> <b>LOCATION:</b> CCC office



## Everyday Science

A series of Ohio Early Learning Content Standard Workshops

***Participants must have attended the ELCS overview***

- Gain specialized knowledge in science curriculum
- Develop tools to help children learn
- Learn about intentional teaching
- Meet specialized training requirements for Step Up To Quality and the Early Learning Initiative

Module One	August 25	All Modules held at Riverside of Miami County
Module Two	September 1	1625 N. Troy Sidney Rd.
Module three	September 15	Troy, Ohio
Module Four	September 22	6:30 to 9:00 PM

**Remember—call CCC at 667-1799 or 1-866-667-4799 to register for all workshops  
OR register online at [www.child-care-choices.org](http://www.child-care-choices.org)**

## Workshops Sponsored by Think TV

All Step Up to Quality Approved. All feature free books and supplies

### Tell Me a Story

Language acquisition and vocabulary are keys to literacy. This workshop will demonstrate storytelling and environmental print as ways to increase vocabulary and pre-literacy skills. Children's literature and the writing center will be highlighted.

**September 10, 2009**

### Preschool Science: Sound and Light

Preschool children are natural scientists, exploring their world with enthusiasm. Through sound and light we will demonstrate ways to explore and experiment safely with children. Exploring while documenting what they do are key science concepts that are part of the early learning content standards.

**October 8, 2009**

### Preschool Math: Numbers and Shapes

Preschool math is everywhere. There is geometry in shapes and number in size and order. Come explore the many sources of math concepts that can be part of early childhood settings.

**November 17, 2009**

All three trainings will be held from 7-9 pm at the West Charleston Church of the Brethren, 7390 S. St. Rt. 202, Tipp City, Ohio




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## Exciting New Trainings for School Age Children

### It's Beneficial! Supporting Healthy Relationships

This workshop examines the types of relationships fostered in quality school-age and after school programs, and how staff can ensure that these relationships are positive and productive.

**August 27, 2009, 6:30 to 9:00 PM**

### Trash to Treasure

How to use everyday materials, odds and ends, and leftovers that would otherwise be thrown away, to create projects for school age children.

**November 5, 2009, 7:00-9:00PM**

Both School Age trainings will be held at the West Charleston Church of the Brethren, 7390 S. St. Rt. 202, Tipp City

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## Health and Safety in Family Daycare - Workshops

Health and Safety in Family Daycare is required for all type B home day care providers. Those registered with Child Care Choices are required to take the trainings within the first year of becoming registered. Providers seeking certification with Miami County Job and Family Services are required to take the trainings before becoming certified, *but not more than six months before.*

September 21                      Managing Children's Behavior and Home Safety

To be determined              Child Abuse Prevention Overview

September 28                      Communicable Disease and First Aid

October 5                              Nutrition and Food Safety

Time: 7-9:15 pm      Workshop Location: CCC office      To register: Call Child Care Choices.

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**A publication of  
Child Care Choices**

**Your Link to Community Child Care  
in Miami County**



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Tipp City, OH 45371

Phone: 937-667-1799  
OR 1-866-667-4799

Fax: 937-667-0819  
www.child-care-choices.org

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**June—December 2009 CCC  
Workshops are scheduled!  
Look inside for details.**

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## **Upcoming Events—2010!**

### **Going Green Again!**

Save your gently used books, puzzles, equipment, etc. We are cleaning out our own supplies. We have books, Big Books, puzzles, games and much, much more. In spring 2010, we will meet to exchange ideas and supplies. More information will be coming.

### **Required Health and Safety Trainings!**

Coming in January and February 2010

Communicable Disease Training

Child Abuse Training

First Aid Training

### **CCC Benefit / Auction 2010**

Date and Location—To Be Announced

“Theme: *Hooray for Hollywood with Child Care Choices*”

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