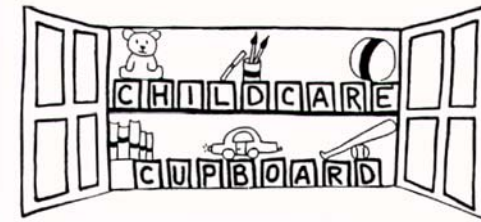


CALENDAR OF EVENTS – CCC workshops

January 15	“Grandma Just May Know”, Child Care Choices workshop, 7-9 p.m. At Upper Valley JVS Child Care Center, Piqua
January 31	“Taxes and Record Keeping”, 7-8:30 pm. at CCC
February 5	“Ages and Stages of Development”, 7-9 p.m. at Riverside School, Troy
February 12	“Social and Emotional Development”, 7-9 p.m. at Riverside School, Troy
February 19	“Talking, Reading and Writing to Children”, 7-9 p.m. at Riverside School, Troy
February 21	“Helping Children Learn”, 7-9 p.m. at CCC
February 26	“How Children Learn to Think”, 7-9 p.m. at Riverside School, Troy
February 28	Part 1 – Infant Workshop – “Building Babies Brains”, 7-9 p.m. at Greene Street, Piqua
March 7	Part 2 – Infant Workshop – “Building Babies Brains”, 7-9 p.m. at Greene Street, Piqua
March 12	“Communicating with Parents” – 7-9:15 p.m. at CCC
March 14	“Ready to Make Music”, 7-9 p.m. at CCC
March 19	“Food Safety”, 7-9:15 p.m. at CCC
March 26	”Managing Children’s Behavior”, 7-9:15 p.m. at CCC
April 2	“First Aid and Communicable Disease”, 7-9:15 p.m. at CCC
April 4	“2 nd Annual Pamper the Provider”, 7-8:30 p.m. at CCC
April 11	“Ready to Read”, 7-9 p.m. at CCC
April 20	CCC Annual Benefit Auction

The CCC Newsletter is published quarterly. Carol Myers, Managing Editor. Contributing Editors: Betsy Russ, Sonia Ewald, Molly Spencer, Kelly Flora, Lynn Ratliff and Gail Ruhkamp. Articles and announcements are encouraged. Please send items to Child Care Choices Newsletter, 7390 South State Route 202, Tipp City, Ohio 45371, or call 667-1799 or 773-9944. FAX #667-0819. All articles contained in this newsletter may be reprinted. Visit CCC website at <http://www.child-care-choices.org>. E-mail childcarechoices@yahoo.com

Child Care Choices
7390 South State Route #202
Tipp City, Ohio 45371



A Publication of Child Care Choices

Winter-2001-02

From the Director

“By doing real tasks that contribute to family life, the child’s sense of worth is enhanced. I find a sense of self-worth to be a real problem with many children. They need to be helped to realize that what they do is important to others. Children without responsibility often, during adolescence, seek a struggle to prove their value to themselves . . . Kathryn Barnard, Ph.D., Professor, University of Washington School of Nursing

The best way to help children learn is to start slowly and to build skills gradually. That way it is the child’s feelings of confidence and interest that make him want to pursue the task.

What Can Preschoolers Do?

Clean up after themselves: putting away toys, placing their personal items in their own cubby or basket, putting away art supplies, taking dishes to the sink, wiping up spills, etc.

Help with center or home chores: setting the table for snack or lunch, passing out books or instruments, helping a friend with an activity, organizing the puzzles or blocks.

Help with food preparation: spreading jam on bread, stirring cookie dough, sifting flour, or any other simple task that you supervise.

When he helps around the house or center, the preschooler learns skills that will benefit him as he matures. When she performs some little chore that you have patiently taught her, she feels really good about herself. She feels pride in her abilities, and sees that she can make a contribution. These feelings strengthen the child’s sense of self-confidence.

FOR YOUR INFORMATION



A Moment on Health

Several months ago on a television news program, there was an excellent segment on how to choose a good childcare setting. Seven things to check the safety of the setting were mentioned:

1. Are emergency telephone numbers posted in a s easy-to-see-spot?
2. Are garbage cans covered so a child cannot get into them?
3. Are there paper towels, liquid soap and a stool to stand on for the child to wash hands?
4. Are cleaning solutions and medications stored where a child cannot reach?
5. Are there working smoke detectors and a fire extinguisher in visible areas?
6. Is the diaper-changing table cleaned after every diaper change?
7. Are window coverings safe (no cords with loops within a child's reach)?

I decided to use this information here because it is always helpful to be aware of what our “prospective clients” are hearing, and because it is helpful for all of us, whether we are parents, grandparents, or childcare providers, to be reminded of what safety features we should have in our homes. Wishing you health and safety!

Janet Shoup, R.N.

**“Celebrate America” – 10th Annual Child Care Choices Benefit
Auction, Saturday, April 20th**

Our Thanks To . . .

- **Miami County Dept. of Job and Family Services** for funding many workshops for all of our providers.
- **Miami County Children’s Trust Fund** for funding *Partners in Parenting* newsletter
- **Tipp City Rotary, Altrusa and Miami County DJFS, Piqua United Fund and Mathile Foundation** for partial funding of the Mother Goose Asks Why program.
- **Tipp City Area and Troy United Fund** for ongoing support in helping fund services to families
- **West Charleston Church of the Brethren** for office and workshop space
- All who wrote letters on behalf of Child Care Choices in the recent funding crisis problem
- Our many volunteers who collate mailings to our child care providers and provide many other vital services.
- **Riverside School, Troy Christian School, Tipp City Library, Troy Miami County Library, and Greene Street Day Care Center** for workshop and meeting space.
- **Chuck Janning** for advice and support during our funding crisis.
- **All who sent donations to help cover our recent budgetary problems.**

More Training Opportunities

Heads Up! Reading begins at Edison Community College

How do children begin to learn about reading and writing before they really read and write?

Heads Up! Reading offers answers to many early literacy questions. The course is designed for all who work with young children. Experts, both from childcare facilities and universities, give examples from practice and research.

The course is given by teleconference with the addition of hands-on activities. Instructors from Child Care Choices, Edison Community College and Head Start will be facilitating the programs.

A local orientation begins on Thursday, January 10, 2002 from 7:00 – 9:00 p.m. with the official course starting on Thursday, January 17th. Earn DJFS credit. Call Edison College at 778-8600 or 1-800-922-3722 and ask for Cheryl Buecker or Paula Koopman, secretary, to register and to inquire about financial information.

This is a different seven-week course than the one offered in the fall. Another seven-week course will be offered in the spring. Participants can take any or all parts.

SPECIAL THANKS to the following people for helping put together the activity packets for November, December, and January.

Lynn, Joel, Kara, and Jerica Glenn
Mary Ernst
Melissa Brown
Anna Pratt
Renee Metcalf

Tara Lewis
Sallie Minnich
Betsy Russ
Molly Spencer

Special thanks to Bob and Carolyn Swisher for taking the packets to the post office.

Child Care Choices needs your help putting together the monthly packet. If you could help on Thursday, January 24, beginning at 7:00 p.m., please call Child Care Choices at 667-1799 or 773-9944. Molly will bring the cookies -Betsy will bring the drinks - Come join us!

CCC TRAININGS FOR SPRING 2002

Health and Safety Workshops – Required for all newly registered and certified providers.

March 12 - Communicating with Parents

March 19 - Food Safety

March 26 – Managing Children’s Behavior

April 2 – First Aid and Communicable Disease

Time – 7:00 – 9:15 p.m.

Place – Child Care Choices, 7390 S. St. Rt. 202, Tipp City

Part 1 and Part 2 – Infant Workshop – Building Babies Brains

Date: February 28 and March 7

Time: 7:00 – 9:00 pm

Place: Greene Street Day Care Center in Piqua

Presenter: Back by Popular Demand - Roxanne Welsh

Learn about art and other creative projects for working with infants. Workshop will concentrate on hands-on activities and materials to use in your childcare.

Ready to Make Music (part of Ready to Learn series)

Date: March 14

Time: 7:00 – 9:00 pm

Place: Child Care Choices, 7390 S. St. Rt. 202, Tipp City

Presenter: Tina Spaulding

Practice using music to stimulate movement, coordination, rhythm, language and listening skills. Take home a Hap Palmer CD, rhythm sticks and children’s books.

2nd Annual - Pamper Your Provider

Date: April 4

Time: 7:00 – 8:30 p.m.

Place: Child Care Choices, 7390 S. St. Rt. 202, Tipp City

Presenter: Elizabeth Studebaker

Ready to Read

Date: April 11

Time: 7:00 – 9:00 p.m.

Place: Child Care Choices, 7390 S. St. Rt. 202, Tipp City

Presenter: Tina Spaulding

Receive practical suggestions for helping children discover the alphabet, build vocabulary, tell stories, and encourage reading and writing. Take home three children’s books.



IDEAS . . . IDEAS . . . IDEAS

Five 15-minute activities to do with your child

1. Read to your child several times a day; ask questions about the story
2. Cut a potato into chunks, making sure that each chunk has an eye. Put some water in a shallow bowl; then put the fleshy part of the potato in the water. Watch for a week. Talk about what happens.
3. Have children help set the table. They will practice sorting objects, counting, and following a pattern.
4. Have children talk about the shapes of the food that you eat. Have a special shape of the day.
5. Set up an exploration center focusing on the sense of sight. Include different sizes of magnifying glasses, reading glasses, cardboard tubes with different colors of cellophane squares around them. Binoculars, kaleidoscopes, clear plastic bottles filled with various liquids and solids, such as water and colored oil, water and sequins, etc. mirrors,

**Auction Items are needed for annual Child Care Choices benefit.
If you have items to donate, or can collect auction items,
call the Child Care Choices office.**

Foods that are Unsafe for Toddlers

- Hot dogs (unless cut in quarters lengthwise before being sliced)
- Hard candies, including jelly beans
- Nuts
- Chunks of peanut butter – peanut butter may be spread thinly on bread or crackers – never give chunks of peanut butter to a toddler
- Popcorn
- Raw carrots, celery, green beans
- Seeds *such as processed pumpkin or sunflower seeds)
- Whole grapes, cherry tomatoes (cut them in quarters)
- Large chunks of any food such as meat, potatoes, or raw vegetables and fruits

From *Guide to Your Child’s Nutrition*, American Academy of Pediatrics, 1999.

CCC TRAININGS

“How Children Grow and Learn.”

A new course for all registered home day care providers.

Why is Johnny doing that? Is that normal for his age? How do I deal with this situation?

Both experience and education help us answer these questions. A new course, “How Children Grow and Learn” will help childcare providers understand children’s development. The course will meet from **7-9 p.m. each Thursday evening in February** (8 hours credit) **at Springcreek Room at Riverside School, 1625 North Troy-Sidney Road, Troy, Ohio.**

Child Care Choices asks **all** registered home child care providers to take this course within the next year. Along with the Health and Safety 4-part course, “How Children Grow and Learn” is a required course. Whether a new or seasoned day care provider, each person needs to gain fresh knowledge to assure the best care for children. The course offers both new information and new “tools” to take home and use with children. Not only will children benefit from your education, but also parents, on whom you, as providers, have a great deal of influence.

Week one

February 5 – **Ages and Stages of Development**
Presenter: Cheryl Buecker, Head of Early Childhood Development at Edison Community College

Week two

February 12 - **Social and Emotional Development**
Presenter: Sharron Short, Head Start Education Specialist

Week three

February 19 - **Talking, Reading and Writing with Children**
Presenter: Sonia Ewald, Children's Language and Literature Instructor, Edison College

Week four

February 26 - **How Children Learn to Think – Developing Your Professional Skills**
Presenters: Elizabeth Studebaker, Early Childhood Specialist and Betsy Russ, Child Care Choices director

Become part of this class – take home new “tools” to enhance your childcare. Each class is limited to 25 participants. IT’S FREE!

Call Child Care Choices at 667-1799 or 773-9944 to register.

CCC TRAININGS

Grandma Just May Know

Date: January 15

Time: 7 – 9:00 p.m.

Place: Upper Valley JVS, Child Care Center, Piqua

Presenter: Nancy Snyder

Cost: Free! Most supplies will be furnished



Do you have a wise, kind grandmother who you can go to for advice? Now you can also have a wise, kind grandmother in your center or home! On Jan. 15, 2002, Child Care Choices will sponsor a persona doll workshop. Each participant will make a grandmother and learn how to use the grandmother persona doll with children. Grandmother can make your day go more smoothly as you use her to help solve classroom or home dilemmas.

Taxes and Record Keeping

Date: January 31

Time: 7 – 8:30 p.m.

Place: Child Care Choices

This is a must for all home day care providers. Learn about tax deductions to which you are entitled. Even if you have a professional prepare your taxes, Gary Swords , CPA, can advise you on proper record keeping to maximize your tax deductions. Bring your questions!!

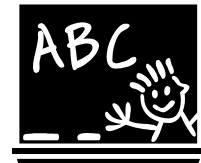
Helping Children Learn

Date: February 21

Time: 7:00 – 9:00 p.m.

Place: Child Care Choices

Presenter: Tina Spaulding



Practice writing a plan with activities that stimulate a child’s social, emotional, cognitive, language and physical development.

Receive Barney’s Rhyme Time Rhythm video and three children’s books.